

## DID YOU KNOW...



All eggs are Free Range

All fish are Marine Stewardship Council certified

All beef served is Scottish and all Meat and Poultry is UK Farm Assured

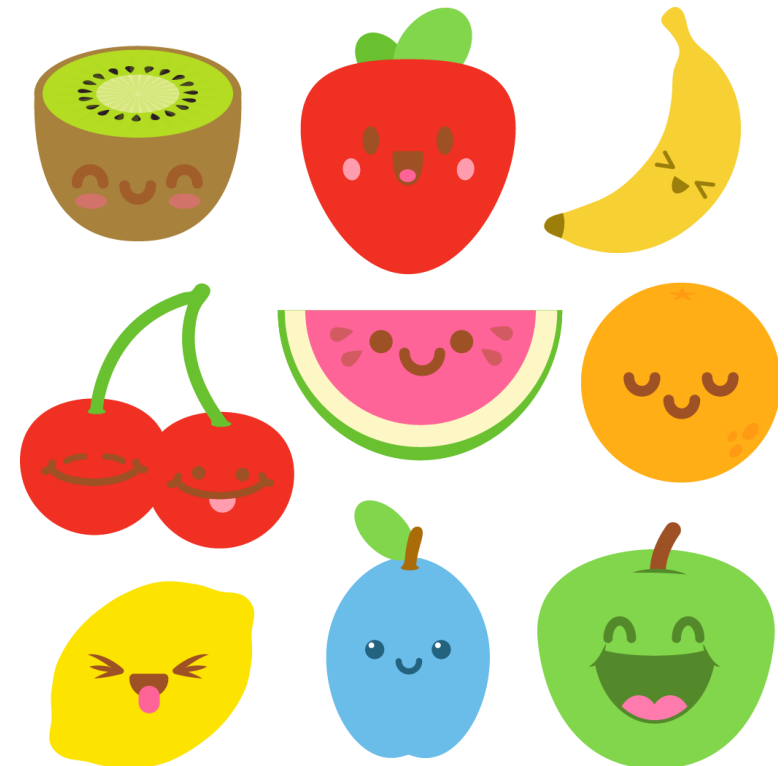
### Allergies and Special Diets

If your child has a food allergy, please notify the school. All catering managers are trained on allergy awareness, and every effort will be made to accommodate your child's needs. Full allergy and recipe information is available for all dishes at [www.argyll-bute.gov.uk/primary-school-meals-menu](http://www.argyll-bute.gov.uk/primary-school-meals-menu)

We Welcome Feedback you may have. If you have any suggestions or require any information, please visit our website or contact us on [Catering@argyll-bute.gov.uk](mailto:Catering@argyll-bute.gov.uk)



## Early Years Menu 2021-2022



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter/ Dessert</b>	Homemade Tomato Soup (v)	Yoghurt and Fresh Fruit Bowls	Homemade Lentil Soup (v)	Apple Sponge and Custard	Homemade Lentil Soup (v)
<b>Main Course</b>	Homemade Chicken Curry	Homemade Macaroni Cheese (v)	Homemade Scottish Steak Pie	Homemade Vegetable Lasagne (v)	Fish Fingers
<b>Also Available</b>	Boiled Rice Peas Water	Garlic Bread Broccoli Water/Milk	Mashed Potatoes Puree of Carrot and Turnip	Diced Potatoes Sweetcorn Water	Chips Baked Beans Water

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter/ Dessert</b>	Homemade Tomato Soup (v)	Ice-Cream and Fresh Fruit Bowls	Fresh Fruit Bowls	Homemade Lentil Soup (v)	Yoghurt and Fresh Fruit Bowls
<b>Main Course</b>	Homemade Macaroni Cheese (v)	Chicken Schnitzel	Homemade Scottish Steak Pie	Homemade Chicken and Sweet Potato Curry	Breaded Fish
<b>Also Available</b>	Garlic Bread Carrots Water	Baby Boiled Potatoes Coleslaw Water	Mashed Potatoes Broccoli Water	Boiled Rice Green Beans Water	Chips Peas Water

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter/ Dessert</b>	Fresh Fruit Bowls	Homemade Lentil Soup (v)	Homemade Berry Cookie and Fresh Fruit Bowls	Fresh Fruit Bowls	Homemade Chicken Noodle Soup
<b>Main Course</b>	Homemade Chicken Pie	Tomato and Basil Pasta (v)	Homemade Sausage Casserole	Homemade Pizza and Pasta (v)	Breaded Fish
<b>Also Available</b>	Sauté Potatoes Roast Vegetables	Garlic Bread Carrots Water	Duchesse Potatoes Broccoli Water	Pitta Bread Sweetcorn Water	Chips Peas Water

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter/ Dessert</b>	Fresh Fruit Bowls	Homemade Lentil Soup (v)	Fresh Fruit Bowls	Fresh Fruit Bowls	Yoghurt and Fresh Fruit Bowls
<b>Main Course</b>	Meatballs in Gravy with Yorkshire Pudding	Homemade Spaghetti Bolognaise	Homemade Macaroni Cheese (v)	Paprika Chicken with Tagliatelle	Salmon Fish Fingers
<b>Also Available</b>	Mashed Potatoes Broccoli Water	Spaghetti Carrots Water	Garlic Bread Tomatoes Water	Tagliatelle Roast Vegetables Water	Chips Sweetcorn Water